

LUNCH MENU



FRESH KETCH SEAFOOD 'N STEAK

HOURS OF OPERATION

11:30am to close // Seven days a week

462 MAIN STREET, HYANNIS, MA 02601

www.freshketch.com // 508-771-8585

OUR MISSION STATEMENT

Fresh Ketch is committed to serving great food in a comfortable and relaxing Cape Cod atmosphere.

We take pride in providing our customers with the best dining experience one could ask for.

We greatly appreciate your business and hope our award-winning clam chowder and fresh seafood are just some of the reasons you choose us again! Please let us know if there is anything we can do to make your experience better. We look forward to seeing you again soon!

APPETIZERS

CHICKEN WINGS

Available plain, tossed in buffalo sauce, or sweet 'n sour chili sauce » 10.99

CHICKEN FINGERS

Fresh boneless white meat tenders with honey mustard » 9.99

Or tossed in spicy buffalo with house-made blue cheese dressing » 10.99

FRIED PICKLES

With spicy rémoulade » 7.99

KETCH COMBO

Two mozzarella sticks, two chicken wings, two chicken fingers, two potato skins » 10.99

BUFFALO CHICKEN MAC 'N CHEESE

Fried chicken tossed in spicy buffalo sauce, mixed in a three cheese blend, baked with penne and topped with cracker crumbs » 12.99

MOZZARELLA STICKS

With marinara sauce » 8.99

ONION RINGS

Hand-cut with spicy rémoulade » 8.99

POTATO SKINS

Loaded with bacon and mozzarella » 9.99

ROASTED BRUSSEL SPROUTS

In a bacon maple glaze » 8.99

SEAFOOD APPS

CAPE COD STEAMERS

Fresh, local soft shell, long neck clams

1 pound » 12.99 // **1½ pounds** » 16.99

MUSSELS

Fresh mussels sautéed with white wine and herbs » 11.99

FRIED SWEET 'N SPICY SHRIMP

Crispy shrimp tossed in a sweet 'n spicy aioli » 9.99

STUFFED QUAHOG

Homemade stuffing with chouriço » 4.99

SEARED AHI TUNA

Sliced ahi tuna pan seared rare with sesame seeds.

Served with fresh ginger, seaweed salad, wasabi cream, and soy teriyaki sauce » 11.99

FRIED CALAMARI

Tubes and tentacles, with cherry peppers and spicy rémoulade or marinara » 9.99

SCALLOPS 'N BACON

With spicy rémoulade » 12.99

CRAB CAKES

Lump crab meat drizzled with spicy rémoulade » 10.99

LOBSTER MAC 'N CHEESE

Fresh lobster in a three cheese blend baked with penne and topped with cracker crumbs » 16.99

SOUP

NEW ENGLAND CLAM CHOWDER

Cup » 4.99 // Bowl » 6.99 // Boule » 7.99

LOBSTER BISQUE

Cup » 5.99 // Bowl » 7.99 // Boule » 8.99

NIVALDO'S SEAFOOD STEW

Cup » 6.99 // Bowl » 8.99 // Boule » 9.99

SOUP DU JOUR

Cup » 4.99 // Bowl » 5.99

RAW BAR

Served with lemon and cocktail sauce

LOCAL OYSTERS

2.75 each or ½ dozen for 13.99

CAPE COD LITTLENECKS

2.25 each or ½ dozen for 10.99

SHRIMP COCKTAIL

2.50 each or ½ dozen for 12.99

RAW BAR SAMPLER

Two oysters, littlenecks, and shrimp for 11.99

SALAD

CAESAR SALAD

A traditional Caesar with house-made dressing » 10.99

Add **Grilled Chicken** » 4.99 // **Salmon** » 9.99

Add four **Grilled Shrimp** » 7.99

COBB SALAD

Grilled chicken, bacon, avocado, blue cheese, hard-boiled egg and romaine » 14.99

LOBSTER SALAD

Classic lobster salad with mayonnaise served over mixed greens » Market Price

WEDGE SALAD

Iceberg lettuce, blue cheese, fried onions, bacon, tomatoes, house-made blue cheese dressing » 9.99

CAPRESE SALAD

Fresh mozzarella, tomato, basil, and balsamic glaze over mixed greens » 9.99

BEET 'N GOAT CHEESE SALAD

Sliced beets and goat cheese over mixed greens with candied walnuts, mandarin oranges and fried onions » 11.99

Please do not hesitate to ask about our options for guests with allergies or dietary restrictions.

Many of our dishes can be prepared without gluten, nuts, or dairy and we are happy to be as flexible as possible in accommodating your request. Ask our friendly staff how we can be of assistance.

FRIED SEAFOOD

Served with fries, coleslaw, house-made tartar sauce and lemon

FISH 'N CHIPS

A Cape Cod favorite! Fresh cod, lightly breaded and fried » 17.99

FRIED SEAFOOD PLATTER

All your local favorites: scallops, shrimp, cod, calamari, and clam strips » 25.99

FRIED WHOLE BELLY CLAMS » MP

FRIED CLAM STRIPS » 14.99

FRIED CALAMARI » 15.99

FRIED SHRIMP » 18.99

FRIED LOCAL OYSTERS » 19.99

FRIED SCALLOPS » 21.99

SANDWICHES

Served on a bulkie roll with French fries (unless otherwise noted)

CRISPY CHICKEN SANDWICH

Topped with bacon, lettuce, tomato, and American cheese » 10.99

BURGER

A ½ pound of Angus beef served with lettuce, tomato, and onion » 10.99

With bacon and cheese » 12.99

KETCHWICH

Crispy fried fresh cod with American cheese, lettuce, tomato, and onion » 10.99

GRILLED CHICKEN SANDWICH

Tender chicken breast with lettuce and tomato » 9.99

REUBEN

Corned beef, Russian dressing, sauerkraut, and Swiss cheese on marble rye » 9.99

JERK CHICKEN SANDWICH

Caribbean marinated jerk chicken with lettuce, tomato, and onion » 9.99

TUNA MELT

Tuna salad, swiss, and tomato on marble rye » 9.99

CHICKEN PARMESAN SANDWICH

With house-made marinara and mozzarella » 10.99

SEAFOOD ROLLS

All come on a brioche roll with lettuce

Fried local **SCALLOP ROLL** » 15.99

Fresh, tender **CLAM STRIP ROLL** » 10.99

Fresh, whole-belly **CLAM ROLL** » MP

Fried local **OYSTER ROLL** » 15.99

FISH TACOS

Two fried cod tacos on soft corn tortillas with lettuce, pico de gallo, and a spicy aioli.

Served with house-made rice » 10.99

SHRIMP TACOS

Two fried shrimp tacos on soft corn tortillas with lettuce, pico de gallo, and a spicy aioli.

Served with house-made rice » 10.99

GRILLED VEGGIE SANDWICH

Fresh grilled zucchini, summer squash, red onion, and tomato, topped with crumbled bleu cheese and balsamic glaze » 8.99

B.L.T.

The classic with mayo on toasted white bread » 8.99

T.B.C.

Tomato and bacon in a grilled cheese on white bread » 8.99

CAPE COD REUBEN

Fresh cod, lightly breaded and fried with Russian dressing, sauerkraut, and Swiss cheese on marble rye » 11.99

BUFFALO CHICKEN SANDWICH

Breaded and fried, tossed in buffalo sauce, topped with lettuce, tomato, and onion, and house-made blue cheese dressing » 10.99

LOBSTER ROLL

Classic lobster salad with mayonnaise on a buttered roll with lettuce » Market Price

PORTABELLA MUSHROOM BURGER

Marinated in balsamic dressing and grilled. Topped with lettuce, tomato, onion, and fresh mozzarella » 10.99

BOILED LOBSTER PLATE

Fresh, local, classic. Served with French fries and cole slaw » Market Price

KIDS' MENU

For children 12 years old and under. Served on a frisbee with fries » 7.99

CHEESEBURGER • CHICKEN FINGERS • CLAM STRIPS • FISH 'N CHIPS
HOT DOG • GRILLED CHEESE • MAC 'N CHEESE • PENNE PASTA with butter or marinara